

Lunch

Monday February 20	Tuesday February 21	Wednesday February 22	Thursday February 23	Friday February 24	Saturday February 25	Sunday February 26
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Blue Plate Special

Pesto Zucchini Soup (v)	Hearty Vegetable Soup (vgn)	Chicken Rice Soup	Chowder Potato (v)
Chicken Fajita Wrap	Salmon Cake W/classic Burre Blanc	Open Faced Chicken Salad On Bagel	Fish & Chips With Tartar Sauce
Mixed Vegetables (vgn)	Vegetable Saute (vgn)	Fresh Steamed Carrots (vgn)	Fresh Broccoli Spears (vgn)
Baked Potato (vgn)	Baked Potato (vgn)	Baked Potato (vgn)	Baked Potato (vgn)
Baked Sweet Potato (vgn)		Baked Sweet Potato (vgn)	

Taqueria (East Side)

Grilled Pork Taco	Carne Asada Taco	Ground Beef And Bean Tostada	Beef Fried Taco
Bean And Rice Wet Burrito (vgn)	Vegetable Taco (v)	Black Bean Enchilada (v)	Quesadilla (v)
Rice W/ Cilantro And Onions (vgn)	Spanish Rice (vgn)	Rice W/ Cilantro And Onions (vgn)	Mexican Rice (vgn)
Pinto Beans (vgn)	Refried Beans (vgn)	Black Beans (vgn)	Pinto Beans (vgn)
Flour Tortilla (vgn)	Flour Tortilla (vgn)	Flour Tortilla (vgn)	Flour Tortilla (vgn)
Corn Tortilla	Corn Tortilla	Corn Tortilla	Corn Tortilla
Fire Roasted Tomato Salsa (vgn)	Fresh Tomato Salsa (vgn)	Avocado And Tomato Salsa (vgn)	Fire Roasted Tomato Salsa (vgn)

Pizza

Sausage Pizza	Pepperoni Pizza	Bbq Chicken Pizza	Ham And Pineapple Pizza
Three Cheese Pizza (v)	Tomato Basil Pizza W/ White Sauce (v)	Mushroom & Roasted Onion Pizza (v)	Cheese Pizza (v)
Herb Breadsticks (vgn)	Herb Breadsticks (vgn)	Herb Breadsticks (vgn)	Herb Breadsticks (vgn)

To Order

Meat Sauce	General Tsos Chicken	Sesame Beef With Broccoli	Spaghetti Pasta (v)
Spaghetti Pasta (v)	Tofu W/ Broccoli & Pepper Stir Fry (vgn)	Thai Curry Tofu And Vegetables (vgn)	Marinara Sauce W/meatballs
White Clam Sauce	Long Grain Rice (vgn)	Long Grain Rice (vgn)	Fettucini Pasta (v)
Linguini Pasta (v)	Brown Rice (vgn)	Brown Rice (vgn)	Garlic Cream Sauce With Vegetables (v)
Long Grain Rice (vgn)			Long Grain Rice (vgn)
Brown Rice (vgn)			Brown Rice (vgn)

Grill (Cafe)

Charburger	Charburger	Charburger	Charburger
Black Bean Burger (vgn)	Gardenburger (vgn)	Malibu Burger (vgn)	Gardenburger (vgn)
Grilled Cheese Sandwich On Sourdough (v)	Grilled Turkey & Cheddar On Sourdough	Grilled Ham & Swiss On Sourdough	Hot Dog
Shoestring French Fries (vgn)	Shoestring French Fries (vgn)	Shoestring French Fries (vgn)	Shoestring French Fries (vgn)

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Salads/Deli (West Side)

Chicken Caesar Salad
Asian Slaw (vgn)

German Potato Salad
Tabouli Salad (vgn)

Pasta Salad With Grilled Vegetables (v)
Tomatoes Dijon Salad (vgn)

Seaweed & Noodle Salad (v)
Brazilian Black Bean Salad (vgn)

Bakery

Yeast Roll (v)
Snickerdoodle (v)
Apple Crisp (v)

Potato Roll (v)
Mint Sticks (v)
Ranger Cookie (v)

Carrot Bread (w/nuts) (v)
Black And White Brownie (v)
Chocolate Banana Supreme Cake (w/nuts)(v)
Sour Cream & Chive Roll (v)
Peanut Butter Cookie (w/nuts) (v)
Cranberry Bar (w/nuts) (v)

Dinner

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Blue Plate Special

Potato Cheese Soup (v)	Beef Noodle Soup	Spicy Black Bean Soup (v)	Chicken Noodle Soup	Vegetable Soup (vgn)	Pasta Fazool Soup (vgn)
Chicken Scalopine	Blackened Fish	Jerk Chicken Quarters	Tri Tip Roast	Barbequed Chicken	Roast Beef
Crookneck Squash & Herbs (v)	Creole Beans And Rice (vgn)	Pineapple Rice (vgn)	Au Jus	Macaroni And Cheese (v)	Broccoli Main Dish (v)
Rice Pilaf (v)	Lyonnais Potatoes (v)	Fresh Vegetable Medley (vgn)	Fresh Vegetable Medley (vgn)	French Cut Green Beans (vgn)	Fresh Whipped Potatoes (v)
Baked Potato (vgn)	Fresh Vegetable Medley (vgn)	Baked Potato (vgn)	Oven Browned Potatoes (v)	Steamed Red Potatoes W/ Parsley (vgn)	Beef Gravy
Baked Sweet Potato (vgn)	Baked Potato (vgn)	Baked Sweet Potato (vgn)	Baked Potato (vgn)	Baked Potato (vgn)	Fresh Vegetable Medley (vgn)
					Baked Potato (vgn)

Taqueria (East Side)

Beef Quesadilla	Beef Enchilada	Carnitas Taco	Fish Taco	Chicken Chimichanga	Chicken And Bean Burrito
Potato Taquito (v)	Black Bean And Vegetable Burrito (vgn)	Vegetarian Tostada (v)	Cheese Enchilada (v)	Vegetable Taco (v)	Black Bean Tostada (v)
Rice W/ Cilantro And Onions (vgn)	Spanish Rice (vgn)	Rice W/ Cilantro And Onions (vgn)	Mexican Rice (vgn)	Spanish Rice (vgn)	Mexican Rice (vgn)
Pinto Beans (vgn)	Refried Beans (vgn)	Black Beans (vgn)	Pinto Beans (vgn)	Black Beans (vgn)	Pinto Beans (vgn)
Flour Tortilla (vgn)	Flour Tortilla (vgn)	Flour Tortilla (vgn)	Flour Tortilla (vgn)	Flour Tortilla (vgn)	Flour Tortilla (vgn)
Corn Tortilla	Corn Tortilla	Corn Tortilla	Corn Tortilla	Corn Tortilla	Corn Tortilla
Tomato And Roasted Corn Salsa (vgn)	Fresh Tomato Salsa (vgn)	Avocado And Tomato Salsa (vgn)	Fire Roasted Tomato Salsa (vgn)	Black Bean Salsa (vgn)	Fresh Tomato Salsa (vgn)

Pizza

Sausage Pizza	Pepperoni Pizza	Bbq Chicken Pizza	Ham And Pineapple Pizza	Taco Pizza	Pepperoni Pizza
Three Cheese Pizza (v)	Tomato Basil Pizza W/ White Sauce (v)	Mushroom Pizza (v)	Cheese Pizza (v)	Cheese Pizza (v)	Assorted Bell Pepper Pizza (v)
Herb Breadsticks (vgn)	Herb Breadsticks (vgn)	Herb Breadsticks (vgn)	Herb Breadsticks (vgn)	Herb Breadsticks (vgn)	Herb Breadsticks (vgn)

To Order

Stir Fry Pork And Green Beans	Marinara W/chicken & Roasted Zucchini	Kung Pao Beef (w/nuts)	Pork Fried Rice	Marinara Sauce W/ Sausage	Teriyaki Chicken Rice Bowl
Cashew Vegetable Tofu (w/nuts) (vgn)	Rotelli Pasta (v)	Vegetable & Tofu Kung Pao (nuts)	Vegetable Fried Rice (vgn)	Bowtie Pasta (v)	Panfried Noodles W/ Vegetables (v)
Long Grain Rice (vgn)	Pesto Sauce (w/nuts) (v)	Long Grain Rice (vgn)	Long Grain Rice (vgn)	Garden Vegetable Marinara Sauce (vgn)	Long Grain Rice (vgn)
Brown Rice (vgn)	Linguini Pasta (v)	Brown Rice (vgn)	Brown Rice (vgn)	Linguini Pasta (v)	Brown Rice (vgn)
	Jasmine Rice (vgn)			Long Grain Rice (vgn)	
	Brown Rice (vgn)			Brown Rice (vgn)	

Salads/Deli (West Side)

Caesar Salad	Caesar Salad	Caesar Salad	Caesar Salad	Caesar Salad	Caesar Salad
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Bakery

Whole Wheat Sunflower Roll (v)

Poppyseed Cake W/sour Cream Filling (v)

Blueberry Cornbread (v)

Marble Cake W/chocolate Icing (v)

Onion Walnut Bread (w/nuts) (v)

Banana Cream Pie

Crusty French Bread (v)

Devils Food Cake W/fudge Icing (v)

Parmesan Herb Bread (v)

Brownie Pie (w/nuts)

Focaccia Bread (v)

French Peach Crumb Pie (w/almond)

Brunch

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Blue Plate Special

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| Basque White Bean Soup (vgn) | French Onion Soup W/ Croutons (v) |
| Grilled Ham & Swiss On Sourdough | Turkey Sub Sandwich |
| Corn (vgn) | Fresh Steamed Carrots (vgn) |
| Baked Potato (vgn) | Baked Potato (vgn) |
| Long Grain Rice (vgn) | Long Grain Rice (vgn) |
| Brown Rice (vgn) | Brown Rice (vgn) |

Pizza

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|------------------------|--------------------------------|
| Taco Pizza | Pepperoni Pizza |
| Cheese Pizza (v) | Assorted Bell Pepper Pizza (v) |
| Herb Breadsticks (vgn) | Herb Breadsticks (vgn) |

Grill (Cafe)

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| Arroz Con Leche (v) | Oatmeal (vgn) |
| Fresh Scrambled Eggs (v) | Fresh Scrambled Eggs (v) |
| Scrambled Egg Whites (v) | Scrambled Egg Whites (v) |
| French Toast (v) | Vegetable Frittata (v) |
| Potatoes Obrien (vgn) | Sausage Link |
| Waffles (v) | Diced Potatoes With Onions (vgn) |
| | Waffles (v) |

Salads/Deli (West Side)

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| Pasta Salad W/ Chicken & Sundried Tomato | Yogurt Potato Salad (v) |
| Sliced Cantalope (vgn) | Sliced Cantalope (vgn) |
| Sliced Honeydew (vgn) | Sliced Honeydew (vgn) |
| Grapefruit Halves (vgn) | Grapefruit Halves (vgn) |

Bakery

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| Banana Chocolate Chip Muffin (v) | Bagels- See Breads/cereals For Choices |
| Brunch Coffee Cake (v) | Sticky Bun (w/nuts) (v) |

Late Night

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Grill (Cafe)

Charburger Gardenburger (vgn) Grilled Cheese Sandwich On White (v) Grilled Turkey Pastrami & Swiss Shoestring French Fries (vgn) Soup Caesar Salad	Cheeseburger Black Bean Burger (vgn) Grilled Cheese Sandwich On White (v) Grilled Turkey & Jack On Sourdough Krinkle Cut French Fries (vgn) Soup Caesar Salad	Chicken Chimichanga Beef Nachos Cheese Nachos (v) Black Beans (vgn) Rice W/ Cilantro And Onions (vgn) Soup Vegetable Taco Salad (v)
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Bakery

Toll House Bar (v)	Chocolate Chip Bar (v)	Toffee Square (w/nuts) (v)
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