

Breakfast

Mon.-Fri. 7:15AM-10:00AM

Green Monday February 13	Tuesday February 14	Wednesday February 15	Thursday February 16	Friday February 17	Saturday February 18	Sunday February 19
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Grill (Cafe)

Scrambled Eggs (v) Make Your Own Waffle (v) Cream Of Wheat (v) Oatmeal (vgn) Mexican Scrambled Eggs (v) Diced Potatoes (vgn)	Scrambled Eggs (v) Strawberry Pancakes (v) Make Your Own Waffle (v) Tater Tots (vgn) Oatmeal (vgn)	Grits (lf) (vgn) Scrambled Eggs (v) French Toast (v) Make Your Own Waffle (v) Sausage Patty Oatmeal (vgn) Hash Browns (vgn)	Scrambled Eggs (v) Apple Crepes (v) Make Your Own Waffle (v) Cottage Fried Potatoes (vgn) Oatmeal (vgn)	Scrambled Eggs (v) Bacon And Cheese Omelet Make Your Own Waffle (v) Oatmeal (vgn) Arroz Con Leche (v) Western Hash Browns (vgn)
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Bakery

Pumpkin Muffin (w/nuts) (v) Blueberry Coffee Cake (v)	Lemon Scone (v) Banana Nut Bread (w/nuts) (v)	Cinnamon Roll (v) Apple Oat Coffee Cake (v)	Bagels-see Breads/cereals For Choices Pan Dulce	Bran Muffin (v) Blueberry Coffee Cake (v)
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Lunch

Mon.- Fri. 11:00AM-2:30PM

Green Monday February 13	Tuesday February 14	Wednesday February 15	Thursday February 16	Friday February 17	Saturday February 18	Sunday February 19
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Salads

Quinoa Salad W/lemon & Vegetables (vgn)	Agua Fresca Strawberry Jamaica (vgn)	Mediterranean Couscous (w/nuts) (v)	Salad Chicken Caesar	Gazpacho Salad (vgn)
Tomato And Mozzarella Salad (v)	Greek Salad (v)	Parmesan Pasta Salad (v)	Thai Cucumber Salad (vgn)	French Potato Salad (vgn)
	Pasta Salad With Grilled Vegetables (vgn)			

Deli

Sliced Provolone Cheese (v)	Sliced Natural Swiss (v)	Sliced Jack Cheese (v)	Sliced American Cheese (v)	Roasted Vegetables (vgn)
Egg Salad (v)	Sliced Cheddar Cheese (v)	Sliced Swiss Cheese (v)	Sliced Ham	Sliced Cheddar Cheese (v)
Roasted Vegetables (vgn)	Sliced Roast Beef	Sliced Turkey	Sliced Genoa Salami	Sliced Provolone Cheese (v)
Sliced American Cheese (v)	Tuna Salad	Sliced Turkey Pastrami	Sliced Natural Swiss (v)	Sliced Turkey

Mongolian Grill

Sticky Rice (vgn)	Asian Vegetable Stir Fry (vgn)	Stir Fry Noodles W/ Vegetables (vgn)	Beef Stir Fry With Spicy Sauce	Pinto Beans (vgn)
Handmade Vegetable Egg Roll (v)	Sticky Rice (vgn)	Thai Peanut Sauce (w/nuts) (v)	Sticky Rice (vgn)	Tacos Al Pastor
Spicy Tofu W/ Vegetables & Noodles (v)	Sweet And Sour Pork	Sticky Rice (vgn)	Tofu Vegetable Kung Pao (w/nuts) (vgn)	
		Chicken Stir Fry W/ Vegetables		

Euro

Green Beans (vgn)	Black Bean Chili (vgn)	Cactus Taco (v)	Turkey Rice Soup	Steamed Zucchini (vgn)
White Rice (vgn)	Tri Tip Roast	Asian Fish Taco	Brown Rice (vgn)	Chicken Caesar Sandwich
Potato Cheese Soup (v)	Salsa (vgn)	White Rice (vgn)	Sauteed Summer Squash W/herbs (vgn)	Marinated Italian Vegetables (vgn)
Steamed Fresh Carrots (vgn)	White Rice (vgn)	Lentil Soup (vgn)	Couscous (vgn)	New England Clam Chowder
Rigatoni Arabiata	Chicken Rice Soup	Corn With Red Peppers (vgn)	Tikka Masala Chicken	
	Fresh Broccoli Spears (vgn)	Black Beans (vgn)		
	Cauliflower Au Gratin (v)			

Pizza

Vegetarian Taco Pizza On Wheat (v)	Smoked Barbeque Chicken	Sausage Mushroom	Pepperoni	Bacon Tomato Basil
Pineapple & Jalapeno On Wheat (v)	Traditional Cheese On Wheat (v)	Vegetable Pizza On Wheat (v)	Assorted Bell Pepper On Wheat (v)	Quattro Formaggio On Wheat (v)

Grill (Cafe)

Baked Potato (vgn)	Baked Potato (vgn)	Baked Potato (vgn)	Baked Potato (vgn)	Baked Potato (vgn)
Quesadilla W/roasted Chiles (v)	Grilled Turkey Burger	Steak Fries (vgn)	Gardenburger (vgn)	Krinkle Cut Fries (vgn)
Gardenburger (vgn)	Grilled Vegetable Burger (vgn)	Grilled Jack/chile & Veg.sandwich (v)	Grilled Cheddar On Wheat (v)	Cheeseburger
Grilled Cheese On Sourdough (v)	Chili Dog	Black Bean Burger (vgn)	Shoestring Fries (vgn)	Grilled Vegetable Burger (vgn)
Krinkle Cut Fries (vgn)	Shoestring Fries (vgn)	Cheeseburger	Charburger	Grilled Ham & Swiss On Sourdough

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Bakery

<p>Cowboy Cookie Bar (v) Garlic French Bread (v) Confetti Cake (v)</p>	<p>Herb Roll (v) Cupcake Red Velvet (v) Cookies Sugar</p>	<p>Whole Wheat Bread (v) Rice Krispie Treat (v) Lemon Glazed Cookie (v)</p>	<p>Peanut Butter Fudge Cupcake (w/nuts) (v) Butterscotch Bar (w/nuts)(v) Strawberry Bread (v)</p>	<p>Onion Roll (v) Chocolate Chip Cookie (v) Classic French Napoleon (v)</p>
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Dinner

Mon.-Sun. 5:00PM-8:00PM

Green Monday February 13	Tuesday February 14	Wednesday February 15	Thursday February 16	Friday February 17	Saturday February 18	Sunday February 19
Salads						
Caesar Salad	Caesar Salad	Caesar Salad	Caesar Salad	Caesar Salad	Caesar Salad	Caesar Salad
Deli						
Tortilla Chips And Salsa (vgn) Pita Chips & Hummus (v)	Ambrosia Salad Red Potato Salad W/ Dill (v)	Tortilla Chips And Salsa (vgn) Pita Chips & Hummus (v)	Garden Wild Rice Salad (vgn) Antipasto Salad (vgn)	Tortilla Chips And Salsa (vgn) Pita Chips & Hummus (v)		
Mongolian Grill						
Corn Fritters (v) Ratatouille With White Beans (vgn) Vegetable Fried Rice (v)	Fresh Carrots With Tarragon (vgn) Sauteed Vegetables & Rice (v) Herb Marinated Swai Fish	Stir Fry Vegetables W/tofu (vgn) White Rice (vgn) Teriyaki Beef	Five Spice Vegetable Stir Fry (vgn) Pork Chow Mein Sticky Rice (vgn)	Sticky Rice (vgn) Vegan Salsa Fire Roasted Tomato Grilled Tilapia Vegetable Tagine (vgn)	Sticky Rice (vgn) Spicy Citrus Turkey Stir Fry Stir Fry Vegetables W/tofu (vgn)	Sticky Rice (vgn) Vegetable Egg Roll (v) Chinese Chicken W/fall Veggies
Euro						
Stir-fry Vegetables (vgn) Cheese Tortellini W/ Marinara (v) Corn (vgn) Roasted Potato Wedges (vgn)	Chicken Piccata Rice Pilaf W/mushrooms (vgn) Steamed Crookneck Squash (vgn) Sauteed Zucchini (vgn) Steamed Vegetables & Brown Rice (vgn)	Green Beans (vgn) Fresh Sauteed Cauliflower (vgn) Meatless Tamale Pie (v) Basmati Rice With Peas (vgn) Indian Chicken Curry	Beef And Bean Tostada Fresh Broccoli Spears (vgn) Mexican Rice (vgn) Fire Roasted Tomato Chipotle Salsa Fresh Vegetable Medley (vgn) Ratatouille With White Beans (vgn)	Vegetable Stir Fry (vgn) Rotisserie Chicken Carrots With Lemon Butter (v) Potato Gorda (v)	Peas (vgn) Roast Beef Au Jus Rice Pilaf W/mushrooms (vgn) Polenta W/marinara Sauce (vgn) Sauteed Button Mushrooms (vgn)	Fresh Broccoli Spears (vgn) Fresh Cauliflower (vgn) Rice W/cilantro And Onions (vgn) Pork Loin Roast With Garlic And Ginger Baked Acorn Squash (v)
Pasta						
Mushroom Stroganoff (v) Fasolada Soup (vgn) Pasta Spirals (vgn) Basil Pesto Sauce (v) White Rice (vgn) Baked Potato (vgn)	Hearty Vegetable Soup (vgn) Pasta Pronto (v) Pasta (v) Brown Rice (vgn) Baked Potato (vgn) Bolognese Sauce Sun Dried Tomato Sauce (vgn)	Tortilla Soup Penne Pasta (vgn) Marinara With Meatballs Spaghetti (vgn) Sticky Rice (vgn) Baked Potato (vgn) Garden Vegetable Marinara (vgn)	Cream Of Broccoli Soup (v) Fettucini Alfredo (v) White Rice (vgn) Pasta Primavera (v) Baked Potato (vgn)	Pesto Zucchini Soup (v) Small Shells W/eggplant & Marinara (vgn) Baked Potato (vgn) Fettucini (v) Jasmine Rice (vgn) White Wine Garlic Sauce W/chicken	Ham & Navy Bean Soup Angel Hair (lf) (vgn) Fresh Tomato Basil Sauce (vgn) Spaghetti (vgn) Turkey Sausage And Mushroom Sauce Baked Potato (vgn) White Rice (vgn)	Albondigas Soup Bowtie Pasta (vgn) Sun Dried Tomato Sauce (vgn) Rotelli (vgn) Sausage Marinara Sauce Baked Potato (vgn) White Rice (vgn)
Pizza						
Vegetarian Taco Pizza On Wheat (v) Pineapple & Jalapeno On Wheat (v)	Smoked Barbeque Chicken Traditional Cheese On Wheat (v)	Vegetable Pizza On Wheat (v) Sausage Mushroom	Pepperoni Assorted Bell Pepper On Wheat (v)	Bacon Tomato Basil Quattro Formaggio On Wheat (v)	Assorted Meat Pizza Vegetable Pizza On Wheat (v)	Ham & Cheese Pesto And Vegetable On Wheat (v)

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Bakery

Crusty French Bread (v)	Chocolate Mousse	Rosemary Bread (v)	Potato Roll (v)	Ricotta Pepper Bread (v)	Fresh Lemon Cake (v)	Rosemary Roll (v)
Peach Cobbler (v)	Herb Focaccia (v)	Cheesecake (v)	Banana Macadamia Nut Cake (w/nuts) (v)	Coconut Cream Pie (v)	Whole Wheat Bread (v)	Chocolate Mint Cake (v)
Carrot Cake W/cream Cheese (w/nuts)(v)						

Brunch

Sat.-Sun. 10:30AM-2:00PM

Green Monday February 13	Tuesday February 14	Wednesday February 15	Thursday February 16	Friday February 17	Saturday February 18	Sunday February 19
			<i>Salads</i>		Caesar Salad	Caesar Salad
			<i>Deli</i>		Sliced Cheddar Cheese (v) Sliced Genoa Salami Sliced Swiss Cheese (v) Sliced Turkey Pastrami	Sliced American Cheese (v) Sliced Jack Cheese (v) Sliced Turkey Sliced Roast Beef
			<i>Euro</i>		Baked Potato (vgn) Tomato Soup W/fresh Vegetables (vgn) Spanish Rice (vgn) Chicken Enchilada Refried Beans (vgn) White Rice (vgn) Corn With Red Peppers (vgn)	Baked Potato (vgn) Mushroom Barley Soup (v) Peas With Onions (vgn) Vegetarian Patty Melt (v) White Rice (vgn) Patty Melt
			<i>Grill (Cafe)</i>		Potatoes Fried W/onions (vgn) Oatmeal (vgn) Scrambled Eggs (v) Scrambled Eggs With Cheese (v) Grilled Ham Make Your Own Waffle (v)	Hash Browns (vgn) Apple Cinnamon Pancakes (v) Oatmeal (vgn) Scrambled Eggs (v) Chorizo And Eggs Make Your Own Waffle (v)
			<i>Bakery</i>		Whole Wheat Apple Nut Muffin (w/nuts)(v) Cinnamon Coffee Cake (v)	Chocolate Chip Banana Bread (v) Blueberry Buttermilk Scone (v)